

**ELIZABETH ESSEX**  
**CURRICULUM VITAE**

Department of Social Work, College of Health and Human Services  
Governors State University  
University Park, IL 60484-0975  
Phone: (708) 235-3954; Fax: (708) 235-2196  
E-mail: eessex@govst.edu

EDUCATION

- 1998            Ph.D., Social Welfare, University of Wisconsin-Madison
- 1973            M.S.S., Bryn Mawr College Graduate School of Social Work and Social  
Research, Bryn Mawr, PA
- 1970            B.A., Bryn Mawr College, Bryn Mawr, PA

HONORS

- 2002            Hartford Geriatric Social Work Faculty Scholar
- 1998            Academy on Mental Retardation Dissertation Symposium Award
- 1973            B.A. Magna Cum Laude, Bryn Mawr College

POSITIONS

- 2008 -            Associate Professor, Department of Social Work, College of Health and  
Human Services, Governors State University
- 2005 - 2008      Assistant Professor, Department of Social Work, College of Health and  
Human Services, Governors State University
- 1998 - 2005      Assistant Professor, Jane Addams College of Social Work, University of  
Illinois at Chicago.
- 1994 - 1998      Research Assistant, Waisman Center, University of Wisconsin-Madison.  
Participated in National Institute on Aging funded longitudinal research  
study of aging families of adults with developmental disabilities.

POSITIONS - continued

- 1992 - 1994 Project Assistant, Program on Aging, Waisman Center, University of Wisconsin-Madison. Conducted research on elder abuse/neglect and on family members of adults with developmental disabilities.
- 1992 Project Assistant, Department of Professional Development and Applied Studies, University of Wisconsin-Madison. Co-authored articles on learning differences and chemical dependency treatment and planning for people with disabilities.
- 1990 - 1991 Teaching Assistant, School of Social Work, University of Wisconsin-Madison. Courses: Introduction to Social Policy; Introduction to Social Work and Social Welfare.
- 1987 - 1990 Program Director, United Cerebral Palsy of Greater Dane County, Madison, WI. Directed the Extended Day Care Project, a model project providing supports for inclusion of children with developmental disabilities in child care, recreational, and summer day camp programs
- 1987 Coordinator, Motherhood and Apple Pie Day, lobbying event cosponsored by the Wisconsin Capitol Chapter of the March of Dimes Birth Defects Foundation and the Wisconsin Maternal and Child Health Coalition, Madison, WI.
- 1985 - 1987 Research Assistant for study of the United Way of America conducted by Dr. Eleanor Brilliant, Rutgers, The State University of New Jersey, New Brunswick, NJ.
- 1980 - 1982 Intake/Outreach Supervisor, Westchester Developmental Services, New York State Office of Mental Retardation and Developmental Disabilities, Tarrytown, NY.
- 1974 - 1979 School Social Worker, Delaware County Intermediate Unit, Media, PA.
- 1973 - 1974 Executive Director, WAYNE, Inc. Teen Center, Wayne, PA. Chief administrator of a multi-purpose youth center.

FELLOWSHIPS, GRANTS, AND RESEARCH CONTRACTS

External Evaluator. (2008 – 2011). SouthSTAR Services Career Tracks to Employment project, funded by the U. S. Department of Education Office of Special Education and Rehabilitative Services under the Projects with Industry Program. \$18,000 a year. [Award to SouthSTAR Services was \$647,502 in total].

FELLOWSHIPS, GRANTS, AND RESEARCH CONTRACTS - continued

Principal Investigator. (2008). Needs of Arab American Elders. Governors State University (GSU) Research Grant: \$2710. GSU College of Health and Human Services matching funds: \$630.

Consultant. (2007). Modeling of Need Determination Formula II. Project for the Illinois Health Facilities Planning Board, Illinois Department of Public Health. \$5000.

Principal Investigator. (2007). College of Health and Human Services, Governors State University Mini-Grant. Funding to purchase ATLAS-ti software program to assist in analyzing qualitative data from research project, "Older Case Management Clients and Younger Family Members in Need of Care." \$535.

Consultant. (2007). Modeling of Need Determination Formula I. Project for the Illinois Health Facilities Planning Board, Illinois Department of Public Health. \$5000.

Consultant. (2006). Health Facilities Inventory and Need Determination. Project for the Illinois Health Facilities Planning Board. \$5000.

Principal Investigator. (2006). GSU Foundation Faculty Professional Development Grant for preparation and presentation of "Older Adults as Caregivers: Contrasting Experiences of Caring for Younger Adults or Minors" at the 59<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America in November, 2006. \$1000.

Co-investigator. (2003-2008). Jane Addams Substance Abuse Research Collaboration. National Institute on Drug Abuse. Total grant: \$1,924,526. Co-investigator for pilot study, "Substance Abusing, Court-involved Mothers: A Preliminary Study," funded at \$33,710.

Research Development Award. (2004). Granted award to develop proposal for federal funding building on pilot study of substance abusing, court-involved mothers. Jane Addams College of Social Work, University of Illinois at Chicago (UIC). \$14,822.

Hartford Geriatric Social Work Faculty Scholar (2002-2004). Funded by John A. Hartford Foundation and administered by the Gerontological Society of America. Principal Investigator for research project, "Older Case Management Clients and Younger Family Members in Need of Care." \$100,000.

Co-Principal Investigator. (2000). Preliminary Study of Substance Abusing Mothers with Histories of Involvement with the Criminal Justice System. Jane Addams College of Social Work, UIC. \$25,000.

Co-Principal Investigator. (1998). Processes involved in Informal Caregiving across Diverse Populations and Conditions. Jane Addams College of Social Work, UIC. \$35,900.

## PUBLICATIONS

### Articles in Refereed Journals

Li, L.W., Essex, E. L., Long, Y. (2014). Quality of life as perceived by older persons with chronic illness in rural and urban Shandong, China. *Journal of Cross-Cultural Gerontology, 29*, 417-428.

Li., L. W., Long, Y., Essex, E. L., Sui, Y., & Gao, L. (2012). Elderly Chinese and their family caregivers' perceptions of good care: A qualitative study in Shandong, China. *Journal of Gerontological Social Work, 55*, 609-625.

Chung, K., Essex, E. L., & Samson, L. (2009). Does caregiver knowledge matter for hospice enrollment and beyond? Pilot study of minority hospice patients. *American Journal of Hospice & Palliative Medicine, 26*, 165-171.

Chung, K., Essex, E. L., & Samson, L. (2008). Ethnic variation in timing of hospice referral: Does having no informal caregiver matter? *Journal of Palliative Medicine, 11*, 484-491.

Essex, E. L., & Biegel, D. (2007). Older case management clients with younger family members in need of care: Interdependencies and well-being. *Care Management Journals: Journal of Case Management, 8*, 162-170.

Essex, E. L., Petras, D., & Massat, C. M. (2006). Predictors of loneliness among court-involved and substance abusing mothers. *Women & Criminal Justice, 17*, 63-74.

Essex, E. L., & Hong, J. (2005). Older caregiving parents: Division of household labor, marital satisfaction, and caregiver burden. *Family Relations, 54*, 448-460.

Essex, E. L., & Massat, C. R. (2005). Preparing school social workers for their wider role: Policy as practice. *School Social Work Journal, 28*, 1-19.

Essex, E. L., Newsome, W. S., & Moses, H. (2004). Caring for grandparent-headed families: Challenges and opportunities for school social workers. *School Social Work Journal, 28*, 1-19.

Essex, E. L. (2002). Mothers and fathers of adults with mental retardation: Feelings of intergenerational closeness. *Family Relations, 51*, 156-165.

Petras, D. D., Massat, C. R., & Essex, E. L. (2002). Overcoming hopelessness and social isolation: The ENGAGE model for working with neglecting families toward permanence. *Child Welfare, 81*, 225-248.

PUBLICATIONS - continuedArticles in Refereed Journals - continued

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (1999). Differences in coping effectiveness and well-being among aging mothers and fathers of adults with mental retardation. *American Journal on Mental Retardation*, 104, 545-563.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (1997). Residential transitions of adults with mental retardation: Predictors of waiting list use and placement. *American Journal on Mental Retardation*, 101, 613-629.

Campbell, J. A., & Essex, E. L. (1994). Factors affecting parents in their future planning for a son or daughter with developmental disabilities. *Education and Training in Mental Retardation and Developmental Disabilities*, 29, 222-228.

Campbell, J. A., Essex, E. L. & Held, G. (1994). Issues in chemical dependency treatment and after-care for people with learning differences. *Health and Social Work*, 19, 63-70.

Book Chapters

Essex, E., Shalabi, I., & Adam, N. (2010). Identifying the social service needs of Arab American elders. In E. P. Stanford & G. Koskovich (Eds.), *Diversity & aging in the 21<sup>st</sup> century: The power of inclusion* (pp. 89-93). Washington, DC: AARP.

Massat, C. R., Essex, E. L., Hare, I., & Harris Rome, S. (2009). The developing social, political, and economic context for school social work. In C. R. Massat, R. Constable, S. McDonald, & J. P. Flynn (Eds.), *School social work: Practice, policy, and research* (7<sup>th</sup> ed., pp. 114-139). Chicago: Lyceum.

Essex, E. L., Petras, D. & Massat, C. M. (2006). Predictors of loneliness among court-involved and substance abusing mothers. In J. A. Swartz, P. O'Brien, & A. J. Lurigio (Eds.), *Drugs, women, and justice: Roles of the criminal justice system for drug-affected women* (pp. 63-74). Binghamton, NY: Haworth Press. (Also published in *Women & Criminal Justice* as listed above under "articles").

Hsieh, C., & Essex, E. (2006). Measuring client satisfaction among older adults and families. In B. Berkman (Ed.), *The Oxford handbook of social work in health and aging* (pp. 1009-1017). New York: Oxford University Press.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (2002). Fathers as caregivers for adult children with mental retardation. In B. J. Kramer & E. H. Thompson (Eds.), *Men as caregivers: Theory, research, and service implications* (pp. 250-268). New York: Springer.

PUBLICATIONS - continuedBook Chapters - continued

Seltzer, G. B., & Essex, E. L. (1998). Service needs of persons with mental retardation and other developmental disabilities. In S. M. Allen & V. Mor (Eds.), *Living in the community with disability: Service needs, use, and systems* (pp. 197-218). New York: Springer.

Newsletter Articles

Essex, E. L., Adam, N. M., Moukahal, W., & Tabahi, S. (2009, December). Exploring the needs of Arab American older adults. *What's Hot, Issue 1: Minority Aging Research*, p. 13. [Newsletter of the Gerontological Society of America]. (Published abstract from paper presentation at the GSA Annual Scientific Meeting in November 2009).

Petras, D., Massat, C. M., & Essex, E. L. (2006). Service needs of substance abusing mothers involved with the criminal justice system. *Women, Girls, and Criminal Justice*, 7(5), 73-77.

Essex, E. L., Seltzer, M. M., & Krauss, M.W. (1995). Launching patterns in families of adults with developmental disabilities. *AddVantage*, 7(1), 1. Newsletter of the Rehabilitation Research and Training Center on Aging with Mental Retardation, University of Illinois at Chicago.

Syllabus

Syllabus for course, Social Welfare Policy and Services, posted on CSWE Gero-Ed Center web site as model for infusion of gerontology into a foundation policy course (2005 to present; retrieve at <http://www.cswe.org/default.aspx?id=18973>)

Doctoral Dissertation

Essex, E. (1998). Parental caregivers of adults with mental retardation: The experience of older fathers and mothers. (Doctoral dissertation, University of Wisconsin-Madison, 1998). *Dissertation Abstracts International*, 59-08, 3208.

Manual

Williams, R. T., & Essex, E. (1992). *Directory of Wisconsin farm and rural community groups*. Madison, WI: University of Wisconsin-Madison Extension.

## PROFESSIONAL PRESENTATIONS

Essex, E. L., Adam, N. M., Moukahal, W., & Tabahi, S. (2013). *Exploring the needs of Older Arab Americans in the Chicago Southwest Suburbs*. First Annual Arab American Mental Health Conference, Palos Hills, IL.

Essex, E. L., Adam, N. M., Moukahal, W., & Tabahi, S. (2011). *Older Arab Americans and younger family caregivers: Intergenerational experiences and needs*. Paper presented at the 15<sup>th</sup> Annual Conference of the Society for Social Work and Research, Tampa.

Essex, E. L., Adam, N. M., Moukahal, W., & Tabahi, S. (2009). *Exploring the needs of Arab American older adults*. Paper presented at the 62<sup>nd</sup> Annual Scientific Meeting of the Gerontological Society of America, Atlanta.

Chung, K., Essex, E. L., & Samson, L. F. (2009). *Hospice residence: An understudied area of hospice research*. Paper presented at the 62<sup>nd</sup> Annual Scientific Meeting of the Gerontological Society of America, Atlanta.

Essex, E., Adam, N., & Shalabi, I. (2009). *Needs of Arab American older adults*. Presented at Diversity and Aging in the 21<sup>st</sup> Century: The Power of Inclusion -- AARP's second Diversity and Aging in the 21<sup>st</sup> Century Conference, Chicago.

Chung, K., & Essex, E. (2007). *Ethnic variation in length of stay among hospice patients with advanced dementia*. Presented at the 60<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, San Francisco.

Greenberg, J., Essex, E., Seltzer, M. M., & Ghosh, S.\* (2007). *Fathers of children with special needs: The case of developmental disabilities and mental illness*. Paper prepared for "Male Caregiving: Creating a Research, Programmatic and Policy Agenda for an Emerging Public Health Issue," University of Maryland (Conference sponsored by University of Maryland and HSC Foundation).

\*Greenberg & Essex shared primary authorship.

Petras, D., Massat, C., & Essex, E. (2007). *Health needs of families with mothers involved with substance abuse and criminal justice*. Presented at the Eleventh Annual Conference of the Society for Social Work and Research, San Francisco.

Essex, E., & Chung, K. (2006). *Older adults as caregivers: Contrasting experiences of caring for younger adults or minors*. Poster presented at the 59<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Dallas.

Chung, K., & Essex, E. (2006). *Examining racial difference in hospice days of care among patients who are still in care*. Presented at the 59<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Dallas.

PROFESSIONAL PRESENTATIONS – continued

Chung, K., Essex, E., & Samson, L. (2006). *Minority elderly receiving hospice care in institutional settings*. Presented at the First Annual Conference on Minority Health Disparities Research, Institute for Health, Social, and Community Research, Shaw University, Raleigh, North Carolina.

Essex, E. (2005). *Older case management clients and younger family members in need of care: Interdependencies and well-being*. Poster presented at the 58th Annual Scientific Meeting of the Gerontological Society of America, Orlando.

Essex, E., & Petras, P. (2005). *Loneliness among substance abusing and court involved mothers*. Presented at the symposium Drugs, Women, and Justice: A Research Perspective, University of Illinois at Chicago, Chicago.

Essex, E. (2004). *Caregiving networks of older case management clients and younger family members with disabilities or chronic health problems*. Presented at the Eighth Annual Conference of the Society for Social Work and Research, New Orleans.

Essex, E. (2003). *Research study update: Older case management clients and younger family members in need of care*. Presented at Institute for Hartford Social Work Faculty Scholars and Mentors, Washington, D.C.

Essex, E. (2002). *Older case management clients and younger family members in need of care*. Presented at Institute for Hartford Social Work Faculty Scholars and Mentors, Washington, D.C.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (2000). *Fathers as caregivers for adult children with mental retardation*. Presented at the 53<sup>rd</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, D.C.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (2000). *Division of responsibility and well-being among older mothers and fathers of adults with mental retardation*. Presented at the 53<sup>rd</sup> Annual Scientific Meeting of the Gerontological Society of America, Washington, D.C.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (1999). *The role of aging fathers in two-parent families of adults with mental retardation: Caregiving, well-being, and spousal support*. Presented at the 123<sup>rd</sup> annual meeting of the American Association on Mental Retardation, New Orleans, LA.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (1998). *Aging parental caregivers of adults with mental retardation: Parental gender and intergenerational intimacy*. Presented at the 51<sup>st</sup> Annual Scientific Meeting of the Gerontological Society of American, Philadelphia, PA.

PROFESSIONAL PRESENTATIONS – continued

Essex, E. L. (1998). *Parental caregivers of adults with mental retardation: The experience of mothers and fathers*. Presented at the 122<sup>nd</sup> Annual Conference of the American Association on Mental Retardation, San Diego, CA.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (1997). *Aging mothers and fathers of adults with mental retardation: Patterns of coping and adaptation*. Presented at the 105<sup>th</sup> Convention of the American Psychological Association, Chicago, IL.

Essex, E., Seltzer, M. M., & Krauss, M. W. (1994). *The end of caregiving: Transitions of older mothers of adults with mental retardation*. Presented at the 47<sup>th</sup> Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.

Essex, E. L., Seltzer, M. M., & Krauss, M. W. (1993). *Aging fathers as caregivers for adult children with developmental disabilities*. Presented at the National Institute on Aging Symposium on "Men's Caregiving Roles in an Aging Society," Rockville, MD.

Essex, E. L., & Campbell, J. A. (1993). *Developing chemical dependency treatment and after-care for people with learning differences*. Presented at the Council on Social Work Education Annual Program Meeting, New York, NY.

TEACHING (SOCIAL WORK COURSES)

Policy for School Social Workers (2013 to present)  
 Practice Evaluation (2006 to present)  
 Social Welfare Policies and Provisions (2006 to present)  
 Policy Practice with Children and Families (2005 to present)  
 Contexts and Theories in Practice with Children and Families (2005)  
 Policy for School Social Workers (2001 – 2004)  
 Social Welfare Policy and Services (1999 - 2005)  
 Human Service Organizations and the Community (1999 - 2001)  
 Human Behavior and the Social Environment (1998 - 2000)

SERVICENational, State, and Community Service

2010- Consulting Editor, *School Social Work Journal*  
 2007- Editorial Board, *Journal of Community Practice*  
 2007- Advisory Council, AgeOptions (Suburban Cook County Area Agency on Aging). Secretary 2008 to 2013.

SERVICE - continuedNational, State, and Community Service - continued

- 2006 - 2009 Member, Workforce/Caregiver Work Group of the Illinois Older Adult Services Advisory Committee
- 2006 Member, National Development Team for:  
Council on Social Work Education (CSWE). *National Statement on Research Integrity and Action Plan for Promoting Research Integrity in Social Work*. Alexandria, VA: CSWE.
- 2006 Chair, Association of Community Organization and Social Administration Symposium at the Annual Program Meeting of CSWE, Chicago
- 2002 - 2005 Consultation to the University of Illinois at Chicago Central West Case Management Unit concerning caregiving issues
- 2001 - 2002 Advisory Board Member, CERAP (Child Endangerment Risk Assessment Protocol) Project Advisory Committee for the Illinois Department of Children and Family Services
- 2000 - 2001 Advisory Board Member, Center for the Study of Assisted Living, Section of Geriatric Medicine, University of Illinois at Chicago

Manuscript Review for Refereed Journals

- 2009- *School Social Work Journal*
- 2004 - *Journal of Community Practice*
- 2002 - *American Journal on Intellectual and Developmental Disabilities*  
(formerly *American Journal on Mental Retardation*)
- 2001 *Research on Developmental Disabilities*
- 1999 *Family Relations*
- 1998 - *Intellectual and Developmental Disabilities* (formerly *Mental Retardation*)

Book Manuscript Review

- 2008 Manuscript review of: Lefley, H. (2009). *Family psychoeducation for severe mental disorders*. New York: Oxford University Press.

University Service: Governors State University

- 2010 - 2013 Planning and Budget Advisory Council
- 2007 - Educational Policies Committee of Faculty Senate (Chair, 2008 to 2013)
- 2005 - Faculty Senate

SERVICE – continuedUniversity Service: Governors State University - continued

2011 – 2014	Department of Addiction Studies and Behavioral Health Personnel Committee
2005 - 2014	Department of Social Work Personnel Committee
2005 - 2010	College of Health and Human Services CUES Scholarship Committee (Co-Chair, 2006 to 2009)
2005 -	Department of Social Work Admissions Committee
2005 -	Department of Social Work Curriculum Committee
2005 - 2008	Library Advisory Committee and Social Work Department Liaison
2007	Department of Social Work Field Director Search Committee
2006 - 2007	Department of Social Work Faculty Search Committee (Chair)
2005 - 2006	College of Health and Human Services Academic Affairs Committee
2005 - 2006	Department of Social Work Faculty Search Committee (Secretary)

University Service: Jane Addams College of Social Work, University of Illinois at Chicago

2004 - 2005	Educational Policy Committee
2002 - 2004	Steering Committee, Jane Addams Gerontological Enrichment Project
2000 - 2005	Social Welfare Policy and Services Division Committee (Chair, 2004)
1999 - 2005	Educational Resources Committee (Chair, 1999-2002)
1999 - 2005	School Social Work Concentration Committee
1999 - 2000	Women's Committee
1998 - 2005	Bachelor of Social Work Program Committee
1998 - 2000	Human Behavior and the Social Environment Division Committee

PROFESSIONAL AND LEARNED SOCIETIES (CURRENT MEMBERSHIPS)

American Association on Intellectual and Developmental Disabilities  
 Association for Community Organization and Social Work  
 Association for Gerontology Education in Social Work  
 Gerontological Society of America  
 Illinois Association of School Social Workers  
 National Association of Social Workers  
 School Social Work Association of America

LICENSURE

1995 - Licensed Clinical Social Worker, State of Wisconsin, License #3365-123